



Fall Welcome Reception	
VIAUSTIEIO GATOETI GIUO	
Amenity Center Grand Opening	

Yard of the Month	8
Movies on the Beach	13
Mansfield School District Calendar	16

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@MiraLagosHOA Association Information and Neighborly News

> @GrandPrairiePD Grand Prairie Police Department



@gp\_tx City of Grand Prairie, Texas



@mansfieldisd Mansfield Independent School District

@Gpscanner Grand Prairie Scanner, local Police, Fire, EMS

@DFWscanner DFW Scanner, area Fire, Police, EMS

Who's your favorite? Tweet to @MiraLagosHOA with hashtag #MLMessenger!



Find us online at:
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www.twitter.com/MiraLagosHOA







## Association Contact Information

www.miralagoshoa.com

www.texas.fsrconnect.com/miralagos

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817-473-6787 (office) 817-473-4978 (fax)

South Pool Office "Veranda" 3025 S. Camino Lagos Grand Prairie, TX 75054 Office Hours

Tuesday-Saturday 8:30 am-4:30 pm Closed Sunday and Monday

FirstService Residential Customer Service (877) 378-2388

Mail Payments to: Lockbox Address

Mira Lagos Homeowner's Association c/o FirstService Residential P. O. Box 60200 Los Angeles, CA 90060-0200



Relationships based on respect, trust and effective communication are the cornerstone of our success.



Committee Chairs
Chair Meetings: Bi-monthly



#### Communications

Erik Shinkle communications@miralagoshoa.com Meetings: monthly

#### Landscape

Pam Downs landscape@miralagoshoa.com Meetings: 1st Wednesday monthly

#### Sports

Erik Shinkle sports@miralagoshoa.com 3rd Tuesday (Apr-Sept)

#### Safety

Robert McLain, Chairman safety@miralagoshoa.com Co-chair: Cheyanne McLain Meetings: 1st Tuesday monthly

#### Social

Deirdre Garrett
social@miralagoshoa.com
Meetings: 2nd Wednesday monthly

#### Welcome

Susan Kennedy welcome@miralagoshoa.com Meetings: monthly/electronically

New Members welcome on all committees!

#### **Board of Directors**

Joshua Spare, President Eric Blackwell, Vice President Robert McLain, Secretary Deirdre Garrett, Director John Hughes, Director board@miralagoshoa.com

### Mira Lagos Messenger

Is the only authorized and official monthly publication for the residents of the Mira Lagos Community with news and calendar of community events endorsed by the Mira Lagos HOA & its members.

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# Fall Welcome Reception

Sunday, September 9th 4:30pm - 6:00pm Mira Lagos Clubhouse 3025 S. Camino Lagos

If you have moved into Mira Lagos in the past six months, please join us! The Mira Lagos Welcome Committee is hosting a reception for our newest neighbors! Refreshments will be served and there will be door prizes. Your entire family is welcome!

# We look forward to meeting you!

Please RSVP to: welcome@miralagoshoa.com



# **AUGUST 9TH IS NATIONAL BOOK** LOVERS DAY!

Why not celebrate your love of the written word by visiting one of our local libraries?

Reading contributes to better emotional and mental health. Research shows that reading works better for relaxation than listening to music, going for a walk, or even sipping a cup of tea!

There are two libraries within a 15-minute drive from Mira Lagos: The Betty Warmack Library is located at 760 Bardin Rd. in Grand Prairie. Besides printed books, The Grand Prairie Libraries offer a variety of ebooks and audiobooks. You can also place holds to pick up books and other library materials at the Grand Prairie Library's Lake Parks Book Locker, located at the corner of Lake Ridge Parkway and Lynn Creek Parkway (outside the Lake Parks Operations Center). The Mansfield Public Library is at 104 S. Wisteria Street. The MPL offers a free library card to anyone who can provide a current state or federal ID and proof of current address-even if you don't live in Mansfield!

# Brought to You By Your Neighbor & Mira Lagos Expert







Get Ready to Cheer On America's Team! Century 21 Judge Fite Co. Is The Official Real Estate Company of the Dallas Cowboys!

FREE MARKET ANALYSIS Christina Kang 817.739.7433

#### How To Select a Great Realtor

DO NOT blindly walk into or call a neighborhood firm and ask for an agent at random.

Ask friends and family for recommendations.

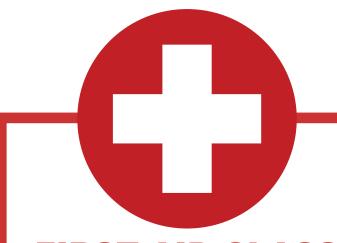
Pay attention to whether a potential agent is listening closely to what you say. Is he or she asking follow-up questions which prompt further explanation and help him or her understand exactly your needs and wants?

Give a potential agent the opportunity to educate you. A good agent should walk a customer through the buying or selling process before ever showing properties or discussing a specific transaction.

Have a good idea of what you expect from an agent and communicate those expectations. How often do you want to hear from your agent? Do you want to hold meetings at your house rather than the real estate office?

Evaluate the agent's firm and/or office. Look for a real estate organization whose agents can empower you with real estate expertise and resources and provide first-rate customer service.

Broker & State Certified Residential Real Estate Appraiser (# TX-1336180-R)



# FIRST AID CLASS

Hosted by the Mira Lagos HOA Safety Committee at the New Amenity Center

Taught by Grand Prairie Fireman, Brad Smith

Thursday, August 2 6:00pm-10:00pm

Residents will learn basic first aid. At the completion of this class American Heart Association First Aid cards will be issued.

Must attend entire class. Arrive on time and ready to learn.

RSVP to: Safety@MiraLagosHoa.com

# **CPR CLASS**

Thursday, August 23 6:00pm - 10:00pm New Amenity Center Clubhouse

The Mira Lagos HOA and Safety Committee is once again hosting our CPR Class. This during this class you will learn how to perform life-saving CPR. We have hosted this class for the last 8 years and it has always filled up very fast. At the completion of this class you will receive an American Heart Association CPR card.

This class is free to residents of Mira Lagos.

Please RSVP at Safety@Miralagoshoa.com

Robert McLain & Cheyenne McLain Safety Committee Chair & Co-Chair



# Mansfield Garden Club



This summer, grow along with your plants – branch out and broaden your gardening horizons!

Founded in 1999, Mansfield Garden Club is a volunteer organization whose mission is to stimulate the knowledge and love of gardening, to encourage interest in civic beauty, to promote benevolent methods of taking care of our land-scapes, and most of all to meet and get to know others who share a love of nature.

The rewards of belonging to a garden club go beyond the joy of growing things. Certainly, it is a great way to tap into the experience of other members and guest speakers! But, membership also provides opportunities to participate in garden-related activities for worthy causes, such as conservation and community beautification. Mansfield Garden Club is active in many community projects. Recently MGC partnered with Trinity Habitat for Humanity in the yard preparation and garden installation of the fifteenth Habitat house built in Mansfield. MGC also planted and helps maintain a native wildflower garden between the Mansfield Activity Center (MAC) and the Mansfield Public Library, helps maintain the six native gardens at the Mansfield Service Center, and has started a new Gazebo Project.

The Mansfield Garden Club holds monthly meetings, which feature a wide range of activities and speakers on such topics as floral design, native plants and wildlife, garden bed preparation, soil improvement, and pruning. Meetings are held on the second Tuesday of every

month at the Chris W. Burkett Service Center at 620 S. Wisteria Street in Mansfield. Social time and light snacks start at 6:00 p.m., and the meeting starts at 6:30 p.m. The next meeting is Tuesday, August 14. Anyone is invited to join as a member or a guest.

For more information, visit www.mansfieldgardenclub.org.



### MIRA LAGOS 2ND ANNUAL

# an falls lugu

Thank you to all of those homeowners who came out to enjoy the Mira Lagos Luau at Hawaiian Falls on Saturday, May 26th, 2018. Enjoy the photos we have provided! Looking forward to another year of fun in 2019.





















#### FIZZY PINEAPPLE PUNCH

This sweet and easy to make pineapple punch will be the hit of any party! Just 4 simple ingredients plus fresh fruit and pretty garnishes!

- 1 12 oz can frozen pineapple juice concentrate thawed
- 1 6 oz can frozen limeade concentrate thawed
- 4 1/2 cups cold water
- 1 liter club soda chilled
- Assorted fruits (such as strawberries raspberries, blueberries, oranges,

limes, and pineapple) Garnishes such as fresh mint

Pour thawed pineapple juice concentrate and thawed limeade concentrate in a large pitcher. Add cold water and most of the club soda, reserving about 1/3 cup. Stir to combine and chill until cold. Add ice cubes and assorted fruits to serving glasses and pour in chilled punch. Garnish as desired and top off glasses with a splash of extra club soda for extra "fizz".



# PROPER POOL ATTIRE

Pool patrons often ask, "Why do I have to wear proper swimwear?" Here are just a few reasons as to why it is important to only wear pool attire in the pool:

Street clothes (especially cotton) can transport airborne and ultimately water borne contaminants into the pool.

Lycra and Nylon are the best non-absorbent material for swimming and are the best fabrics for proper swim attire.

- Other absorbent materials (such as cotton) can break down in the water and cause fibers to clog filters.
- Any "colored" material (unless specifically made for swimming) can bleed into the pool, affecting water chemistry and balance. This is also a reason for turbidity in pools.

Cotton and similar materials can absorb the chemicals in the water, causing the water to become less effective at maintaining the proper chemical balance or may cloud the water.



# **Amenity Center & Fitness Center**

# GRAIN G OPENING

August 4th from 12:00 pm - 4:00 pm

Ribbon Cutting at 11:45 am

Come out to celebrate the Grand opening of the new clubhouse and fitness center.

There will be food, music, games, prizes, and activities for the kids.

3025 S. Camino Lagos



# THAT STREET LIGHT IS OUT!

ONCOR Electric owns and maintains the tall street lights scattered throughout Mira Lagos. Should you observe a nonfunctional street light in need of service, please report the issue directly to ONCOR Electric for a prompt repair.

The company's website is www.oncor.com or call 888-317-4747.

The website is very user friendly, allowing you to input your street address and navigate with ease to the light in question. As ONCOR says, "Thanks for helping keep the lights on!"

Community Partners!
Welcome back!



MOTORCARS

ARLINGTON

# YARD OF THE MONTH



La Pradera - 3204 Paseo



Las Brisas - 7324 Vienta Pt.



El Llano - 7240 Darsena



Valencia - 2720 Ponce de Leon



Marbella - 2704 Fuente



El Arroyo - 7343 Gallo



La Tierra - 2976 Arenoso



El Sendero - 2811 Tranquilo



La Ensenada - 2936 Velero



Escondido - 2951 Lavanda



El Mirador - 6856 Ensenada



Bella Vista - 2828 England Pkwy



Bella Vista - 2839 England Pkwy



Cordova - 3160 N Camino Lagos



Sonora - 6915 Nava

# **AUGUST 2018 LANDSCAPE NEWS**



### Summer is here...and it doesn't seem to be getting any better.

Tired of the heat yet? Anticipating if you'll see rain next vs. the east side or west side of the city? All good questions and with Texas weather it becomes a guessing game.

In central Texas we experience day after day of 100+ degree days, and the prediction is for more record-breaking heat? 106 and 107 days are the expected highs here and our friends in North and South Texas are feeling the same.... but in some cases, with more rain and storms.

So how do you prepare for it? Well, we've definitely have mentioned to make sure your irrigation systems are up an running well. If you're planting seasonal flowers you may ask your landscape professional to do some additional hand watering to get them well established. Definitely choose your plants based on your climate zone (dry vs. wet). We love the beautiful tropical plants that we see in the Houston/Gulf area, but we also realize our drier hotter climates are not conducive for their longevity. Same goes with plants in Central Texas vs. North Texas. Also, as it is hotter in the summer, put off some of your

planting till it cools down and is not so extreme. Fall is a great time for planting and especially for

Let's not forget about taking care of ourselves and our four-legged friends too! We need to protect our skin by covering up and using high SPF sunscreens. Our furry friends must watch their exposure to the heat and sun as well. Avoid walking your dog in the middle of the day to avoid burning their paw pads. Good rule of thumb is, if you can walk barefoot on the concrete, so can they. If it's too hot for you, same goes for them.

Lastly, as water is essential to our plants, it is very essential to us and our pets. How much water should you consume? For a mid-active person, they should consume 1.5 oz. per lb. of weight. You weigh 150 lbs. you should drink minimally 225 oz. of water, or 1.75 gallons. The more active you become, the more you should drink.

Watch over your landscapes during this heat but be sure you take care of yourself and your furry pet.



### Plant of the Month: **Esperanza**

This perennial large shrub is especially gorgeous right now in our 100+ degree heat. The green leaves are still lush looking and the yellow blooms are quite eye catching. Not a lot of shrubs look so spectacular at the moment. It is native to the Chihuahua Desert (not everything is a cactus there) but grows well in the Texas heat. It is a perennial which means it typically dies back each winter (especially in the north part of the State) but can be cut low after it has succumbed to first frost and mulched over to protect its roots and stems. It grows larger each year so consider giving it plenty of room to spread. No irrigation required except to get it established.

Article by: Greater Texas Landscape Services

# **Get Your Business Noticed Advertise Here** Call 972-396-8855 or info@communitynewsconnection.com for ad rates and sizes.



#### **SAVE TIME SELL FOR MORE**

Tips to Maximize Profits

- 1. Work with a Realtor with proven skills, experience and results
- Learn the importance of staging
- Accept Proper Guidance on Home Sale Preparation

By Teaming Up With Us, We provide you with VIP Access to our elusive network of IN-Demand Vendors.

Gina Brown Broker/REALTOR ABR,BPOR,CCS,CNS,EPRO,NHS,SRS,RENE,SFR gina@shiningstarrealty.com | 817.401.4129

# 10 things to do before your children go back to school

- 1. Picture day. Hold a first-day photo shoot. Keep the mood light by suggesting silly faces or letting the family pet join in. Can't stop snapping? Capture your child stepping off the school bus in the afternoon. Make it a lasting family tradition by having them pose by the same tree, swing, or mantel every year.
- **2. Save some memories.** Fill a box or jar with mementos that capture your child's current interests. Include a journal entry or video diary they can list favorite movies, books, and bands and describe first-day fears, friends they can't wait to see, and goals for the year.
- **3. Library Scavenger hunt.** Get them back in the school zone with a scholarly scavenger hunt. Make a list of five to ten questions to be answered by using different resources at the library. Include questions from reference books, trivia collections, and obscure clues about family favorites.
- **4. Track their growth.** Using a growth chart or the inside of a closet door, mark your child's current height. Keep track year by year to point out growth spurts and predict progress. To encourage follow-up fun, plant a tree together and track how much it grows before next fall.
- **5. Plan a bus-stop breakfast social.** Invite neighborhood kids to get an early start the day before school begins. Fill a decorated wagon with juice boxes, fruits, and muffins. Haul it to the local bus stop at the usual pickup time as a dress rehearsal for the big day.

- **6. Don't forget a special treat.** Sneak a love note into their lunchbox to show you're thinking of them. The first day can be nerveracking, so go for comfort food when dinner rolls around. Order a family favorite at the local pizzeria or savor a cool dessert as summer comes to a close.
- 7. Back-to-school party. Team up with neighbors to get the kids together before school starts. Send out report card invitations, serve lunch-box favorites, and decorate with school colors. Make brown-bag book covers, decorate calendars, and design bookmarks ring a bell when it's time to switch activities!

**8.** Clothes matter. Celebrate a fresh year with a special outfit, spotless sneakers, or a whole new haircut. Let them choose their wardrobe the night before. Whether

favorite souvenir t-shirt or their lucky jersey, it will give them an extra boost of confidence on the big day.

**9.** Try something new. Get those classroom habits back with a fun family activity like pottery or rock-climbing. It will encourage creativity, improve concentration, and leave you with a new morning mug or a little extra muscle.

**10.** Have a no rules last day of summer. Break a few school rules before getting back to business: Dedicate one afternoon to getting all the summer fun out of their system. Have paper airplane contests, spit watermelon seeds, and wear pajamas during the day.



### PEACHES & CREAM POUND CAKE

2 sticks butter
2 c. sugar
1/4 c. plain Greek yogurt
3 large eggs
1 1/2 tsp. pure vanilla
extract

3 c. flour

1 tsp. baking powder

1 tsp. kosher salt

2 c. diced fresh peaches

Preheat oven to 325°. In a large mixing bowl, cream butter and sugar until it's light and fluffy, 4 to 5 minutes. Add Greek yogurt, eggs and vanilla, beating on low until combined. Stir in flour, baking powder and salt. Fold in diced peaches. Pour into a greased loaf pan and bake until a toothpick inserted into the center comes out with just a few crumbs, 68 to 70 minutes.

# **Mira Lagos HOA Pet Tags**







There are Free Mira Lagos Pet tags at the HOA office. Please see Cynthia at the HOA office to receive your tag. Each pet registered will have a unique number assigned in the event your pet gets out and is found. My dog Mia got hers and she loves all the fancy jewelry on her collar.



## **Current Water Restrictions**

To keep the city's water supply at a safe level and to comply with the city's whole sale water purchase contracts. the

#### following restrictions apply at all times:

- No watering between 10 a.m. and 6 p.m.
- No watering on Wednesday, Saturday or Sunday.
- Even numbered addresses may water on Mondays and Thursdays.

RESTRICTIONS

**IN EFFECT** 

- Odd numbered addresses may water on Tuesday and Fridays.
- When watering, a constant stream of water should not be allowed to flow into the street drainage.
- Watering during precipitation is prohibited. Rain sensors are required on newer watering systems.

#### Allowed:

Handheld and soaker hoses are allowed to be used any time.

### **Drought Contingency Plan** (Emergency Water Use Plan) Information:

The Drought Contingency Plan may, depending on need, also prohibit all or some of the following non-essential uses (water use that does not directly benefit or maintain health, personal cleanliness, or firefighting purposes):

- 1. Irrigation of landscape areas, including parks, athletic fields, and golf courses, except otherwise provided under this Plan:
- 2. Use of water to wash any motor vehicle, motorbike, boat, trailer, airplane or other vehicle; except as otherwise provided under this plan.
- 3. Use of water to wash down any sidewalks, walkways, driveways, parking lots, tennis courts, or other hardsurfaced areas:
- 4. Use of water to wash down buildings or structures for purposes other than immediate fire protection;
- 5. Flushing gutters or permitting water to run in any gutter or street, except as part of water quality management to flush stagnant water or enhance disinfection residuals;
- 6. Use of water to fill, refill, or add to any indoor or outdoor swimming pools or Jacuzzi-type pools;
- 7. Use of water in a fountain or pond for aesthetic or scenic purposes except where necessary to support aquatic life:
- 8. Failure to repair a leak(s) within a reasonable period after having been given notice directing the repair of such leak(s) and;
- 9. Use of water from hydrants for construction purposes or any other purposes other than fire fighting.
- 10. Use of water from public drinking supply for gas well operations including fracturing and drilling

For more information, call 972-237-8377 or 972-237-8154

www.gptx.org



# **BACKPACK AND** FOOD DRIVE

### Thru to August 4th

Please help the kids in Grand Prairie that need help by donating a new backpack and canned food.

Bags can be dropped off at the NEW HOA office during the Grand Opening Ceremony from 12pm-4pm

3025 S. Camino Lagos | Grand Prairie, Texas 75054





Your HOA Management Team

RESIDENTIAL

# Mira Lagos HOA Bi-Annual Community



# SATURDAY, SEPTEMBER 15 7:00 AM-3:00 PM

Apply for your permit via the City of Grand Prairie website: www.gptx.org

> click "City Government" click "Departments" click "Code Enforcement" click "Garage Sale Permit"

Please forward permit information asap to social@miralagoshoa.com in order to be added to the flyer.

Please include your name, permit number, address AND village.

You may opt to sell items on 1 to 3 days during the scheduled weekend.

The advertised day is only on Saturday.

# Something is Hidden. Can you find it?

We have hidden in the Mira Lagos Messenger, search for scissors. Please email manager@miralagoshoa.com in the subject line put "I FOUND IT," a random drawing, WINS! Provide page item is on, name, address and phone number in the email.

Good Luck and have fun!

If you find it there is a \$25.00 gift card.

# **NEW POOL ACCESS CARDS**



In anticipation of our new fitness center we are starting to distribute new photo ID access cards. If you are current on your dues or have payment plan

arrangements in place and are actively paying, these new access cards will give you access to the new fitness center and all three of the pools.

If you are not current on your HOA dues or you are not on a payment plan, no access will be given.



The new photo ID cards will be issued to each member of

your household 14 years of age and older and each member of the household must be present to be issued a new photo ID access card. Be prepared to take a picture as the new cards will have your image on them. If you have a picture that you would prefer to use, please send it along with your address to admin@miralagoshoa.com, and we can use the picture that you provide.

Please return any of your old pool cards, if you have them, as they will no longer work once new cards have been given out.

Please contact Cynthia at 817-473-6787 to sign up for a time spot to have your household come in to take a photo and receive your new access cards for all of the pools and the new fitness center.

NO WALK-INS! By Appointment Only.

Tuesday - Saturday from 9:30 am - 3:30 pm

We look forward to seeing you!!

#### NOTE:

- \* Your old cards will continue to work until you are able to make the appointment.
  - \* Your old cards will not work if you are behind in payments on the HOA dues.



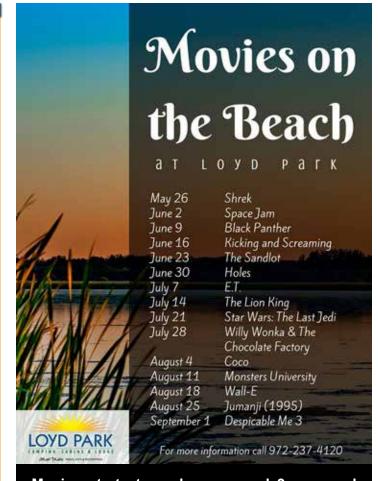
It's an age-old question: Who's better... Dallas or Fort Worth? Are you ready to prove it? From barbecue to art museums, proud citizens of both sides of the Metroplex attest that their favorite city (or county as the case may be) is the best. It's time to let the people of North Texas settle this matter the old-fashioned way. Tug-of-war!

Mark your calendar for a day of rivalry and fun for the whole family on August 11 at Joe Pool Lake's Lynn Creek Park in Grand Prairie. Teams from both sides of the Metroplex will face off in an epic battle between east and west, with each team raising at least \$10,000 for Children's Cancer Fund (CCF). The event will be free and open for spectators of all ages. There will be music, activities for kids and more!

Saturday, August 11 from 10AM to 3PM Lynn Creek Park | 5610 Lake Ridge Parkway **Grand Prairie, TX 75052** 

For more information go to www.dfw.cbslocal.com/pulling-together





Movies start at sundown around 9 p.m. and concessions will be available for purchase. \$10/vehicle entry fee to the park (\$20 on holiday weekends), movies are FREE! Check the Grand Prairie event pages each week to see fun activities planned before each movie as well. Show up early and bring a chair, we will see you at Loyd Park! Call 972-237-4120 for more information







Hello neighbors! My name is Erik Shinkle. I am the new chairperson for our HOA communications committee. This section of our newsletter is designed for our residents to ask questions and have them answered by me. Please ask me anything, from HOA questions to Military advice. Questions can me emailed to me directly at communications@miralagoshoa.com.

Dear Erik,

This month's question comes from concerns on NextDoor. How are our HOA dues spent?

-Anonymous

Dear Anonymous,

Several posts on NextDoor have been filled with a lack of knowledge about where our dues are spent. Replies have centered around we pay too much, or for the money we pay XYZ should be done, and some go further to the extent that our HOA management team is not doing their job. So, I set out to find how our dues are actually spent. To effectively do this we need to start with "the property" Mira Lagos is approximately 1000 acres, including 3 swimming pools, 5 ponds, 5 miles of trails, over 30 miles of roads, 3 soccer fields, a gym and amenities center. Not to mention 2700 homes with 200 more being built. We have a population close to 10,000 residents. Mira Lagos is a large community, and we only have a staff of 3 to oversee all of it. The biggest portion of our dues is for landscaping, the company we use for landscaping is here Monday through Friday, some

Saturdays as well, keeping the grass cut and plants trimmed, they also work on irrigation and maintaining around all of our ponds. Next is a full-time management company that ensures builders are adhering to our community appearance standards and ensuring residents comply with those standards too. They also organize events to promote community and they work with the HOA Board to carry out its vision. The third biggest expense is our pools, with 3 pools there is a lot of maintenance, from chemicals to equipment, pool monitors and the wear and tear that comes with chlorine, it's not cheap.

With most associations we must maintain a positive balance in our bank accounts, and as our liabilities increase, (I.E. Pools, ponds, gym, etc.) so does the amount of funds we need to have. Stacy and her team are dedicated to seeing our community grow, connect, and add value to where we call home.

Truly the only way to see where our money goes to is to use the trails and pools, attend events and get involved with the board or committees. Respectfully, Erik

Whether eaten on special occasions or when the Texas summer heat is just unbearable, ice cream, gelato, sorbet or frozen yogurt is always delightfully satisfying. So many choices and all so delish! Ice cream, Gelato, Sorbet & trozen yogurt



ICE CREAM is a benchmark summer dessert, always creamy and scrumptious with decadent choices such as dark chocolate, red velvet, and mint chocolate chip as well as the ever popular vanilla. Ice cream is a comfort food for many people made of cream, sugar and eggs.



**GELATO** is the Italian word for ice cream. Gelato, Italian style ice cream, has become a very widespread frozen dessert all over the country. It is usually made with whole milk, less air and much more flavoring than ice cream giving it a custard consistency.



**SORBET** is primarily a fruit-based, lower calorie frozen dessert. Sorbet is made from sweetened water and fruit juices. Sorbet is extremely refreshing and light containing no dairy, making this a healthier choice to quench the summer heat.



**FROZEN YOGURT** is made with yogurt and dairy products creating a lower in fat or non-fat frozen dessert. Choosing frozen yogurt over ice cream is often a healthier (calorie-wise) choice. Frozen yogurt is less sweet than ice cream and perhaps even a little tart.



#### **Fitness Center Rules**

- Proper work-out attire must be worn at all times
- Lift weights in a controlled manner
- Do not drop weights
- Return equipment to their appropriate location
- Wipe all surfaces and remove all personal items after use
- Please be courteous of others and limit time to 30 minutes on cardiovascular equipment
- No eating, vaping, tobacco use, smoking or glass containers
- No foul/abusive language, radios, speakers or excessive noise
- All media and music listening must be done via headphones
- Alcoholic beverages may not be brought in or consumed
- You must be 18 to bring guests and guests must be accompanied by the resident (limit 2)
- Children under the age of 12 are not permitted at any time
- Children aged 12-17 allowed with parental supervision
- Children aged 14-17 allowed 5AM 9PM without parent supervision
- All locks left on lockers will be cut off nightly and items discarded
- The HOA is not responsible for any lost or stolen objects
- Report any broken equipment to HOA

### Use of the workout facility is "at your own risk"

The Mira Lagos HOA fitness center is a 24-hour facility. The fitness center is private property owned by the association. Let's work together to avoid extra expenses. If you have a lost or stolen access card, please contact the HOA office at 817-473-6787. Replacement access cards are \$25.

# VIOLATION OF RULES MAY RESULT IN TEMPORARY OR PERMANENT LOSS OF PRIVILEGES



# Mansfield Independent School District 2018-2019 Calendar

605 East Broad Street Mansfield, TX 76063 817-299-6300 www.mansfieldisd.org

August 2018										
S	M	T	W	T	F	S				
			1	2	3	4				
5	6	7	8	9	10	11				
12	13	14	(15)	16	17	18				
19	20	21	22	23	24	25				
26	27	28	29	30	31					

September 2018									
S	M	T	F	S					
						1			
2	3	4	5	6	7	8			
9	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30									

October 2018									
S	M	T	W	T	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
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- First/Last Day of School
- Staff Development
- Teacher Workday
- Districtwide Holiday
- Student Holiday & Staff Development Day (Full Day)
- Student Holiday & Parent/Teacher Conferences (AM Only)
- Student Holiday & SDCE Day
- Student Holiday & Teacher Workday
- Bad Weather Makeup Day

#### **2018-19 HOLIDAYS & IMPORTANT DATES**

August 6: Teachers Report

August 6-9: Professional Development Week

August 10, 13, 14: Teacher Workday

August 15: First Day of School

August 31: Student Holiday & Teacher Workday ← Newly added on May 22, 2018

September 3: Labor Day Holiday

September 28: Student Holiday & Staff Development Day

October 8: Student Holiday & Staff Development Day

October 25: Regular Full School Day & Parent/Teacher Conferences (PM Only)

October 26: Student Holiday & Parent/Teacher Conferences (AM Only)

November 19: Student Holiday & SDCE Day November 20-23: Thanksgiving Holiday

December 20: End of 1st Semester

December 21: Student Holiday & Teacher Workday

December 24 - January 4: Winter Break

January 7: Student Holiday & Staff Development/Teacher Workday

January 8: School Resumes / 2<sup>nd</sup> Semester Begins January 21: Martin Luther King, Jr. Holiday

February 15: Districtwide Holiday (Bad Weather Makeup Day #1)

February 18: President's Day Holiday March 11: Student Holiday & SDCE Day

March 12-15: Spring Break

April 19: Spring Holiday (Bad Weather Makeup Day #2)

May 23: Last Day of School / End of  $2^{nd}$  Semester

May 24: Teacher Workday / Last Day of School for Teachers

### **SAD WEATHER DAYS**

February 15: Bad Weather Makeup Day #1 April 19: Bad Weather Makeup Day #2

#### **GRADING PERIODS**

- 1. August 15 September 27
- 2. October 1 November 2
- 3. November 5 December 20
- 4. January 8 February 14
- 5. February 19 April 12
- 6. April 15 May 23

	January 2019										
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March 2019										
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	April 2019										
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May 2019						
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# Common Ground Network, Inc. | Connecting Partners to Serve Our Community

Finding common ground in our community in order to serve Mansfield ISD families.

Services include: Assisting with MISD's school supply "Stuff the Bus" campaign, Christmas programs, Feed the Kids programs (Summer Feed Program & Weekend Backpack Program), and food drives to support local food pantries.

P.O. Box 1049 Mansfield, Texas 76063 • www.CommonGroundMansfield.org • 866-526-7069

